



AFTERNOON TEA MENU

We have the seventh Duchess of Bedford, Anna Russell, to thank for introducing 'Afternoon tea' as a social occasion.

Understandably, the Duchess would become peckish around four o'clock in the afternoon as the evening meal in her household was served fashionably late at eight o'clock. The Duchess asked that a tray of tea, bread and butter and cake be brought to her room at Woburn Abbey during the late afternoon. (some time earlier, the Earl of Sandwich had had the idea of putting a filling between two slices of bread)

Upon returning to London she continued this habit and began inviting friends to join her and this pause for tea became a fashionable social event. During the 1880's, upper-class and society women would change into long gowns, gloves and hats for their afternoon tea which was usually served in the drawing room between four and five o'clock.

Tea rooms were all the rage in the late 19th century, quickly becoming THE place for meeting friends and sharing gossip. They were also considered one of the few respectable places for women to meet without a chaperone, so the out-of-home Afternoon Tea took off like a social network. At some stage music was added to the occasion, and fashionable young people attended afternoon 'tea dances' in the most stylish of hotels a practice which continued until the Second World War.

Nearly 200 years after the Duchess of Bedford's innovation, sitting down to afternoon tea remains an elegant way of catching up with family and friends.

Served from 12:00 - 5:00pm

Classic Cream Tea

Two freshly baked scones with strawberry jam and sweet cream
£5 per person

Traditional Afternoon Tea

Selection of homemade finger sandwiches on wholemeal and white bread, freshly baked scones, strawberry jam and cream, with a variety of mini desserts such as carrot cake, dark chocolate brownie, and profiteroles
£10 per person

Sparkling Afternoon Tea

Bredbury's Traditional Afternoon tea served with a glass of sparkling wine
£15 per person

All afternoon teas are available with a range of traditional or herbal and fruit infused teas or coffee.

Some of our menu items contain allergens and there is a risk that traces of these may be in any other food served here. We understand the dangers to those with severe allergens, so we have recorded which of these menu items contain any of the 14 named EU allergens as an ingredient. Please speak to a team member, who can provide you with this information and may be able to help you make an alternative choice.